



# NORTH WINNIPEG NOMADS WOLF PACK WOMENS TACKLE FOOTBALL

## NOW RECRUITING NEW PLAYERS NO EXPERIENCE REQUIRED

### ABOUT OUR TEAM

The North Winnipeg Nomads Wolf Pack is a women's tackle football team comprised of a diverse group of women ranging in age from 16 to over 40 years old. Experience varies from player to player, ranging from beginners to Team Canada veterans.

We proudly compete in the Western Women's Canadian Football League (WWCFL) which is composed of nine teams across Manitoba, Saskatchewan, and Alberta. Our knowledgeable and dedicated coaching staff is composed of past and present CFL players, as well as more than 40 years of combined coaching experience.

The women of the Wolf Pack are continually working hard to develop, promote, and encourage women of all ages to get involved with football. From playing to coaching and mentoring, the Wolf Pack takes pride in committing to the growth and respect of not only the sport, but each other.

### WHAT DO I NEED TO KNOW?

#### Where/When do we practice?

Starting in January 2014, Sundays from 7pm to 9pm at the North Centennial Recreation & Leisure Facility gym at 90 Sinclair Street. Starting in April (weather permitting) we will be moving our practices outdoors on Tuesday and Thursday evenings. Practice dates/times are subject to change.

#### How much does it cost?

Fees are \$300 for the season, which includes most of our travel expenses and equipment which is graciously lent to us by our affiliate, the North Winnipeg Nomads Football Club. We participate in several team fundraisers to keep our costs to a minimum. The only extra item you will need to purchase are cleats.

#### I'm interested, where can I find out more?

Join us for Sunday practices, free of cost, to see if football is for you. Items to bring with you are workout clothes, gym shoes, a water bottle, any questions you may have for our coaches or players, and the desire to try something new.

*Please contact us via email and we will add your contact information to a list — based on demand, we may offer a new player camp in November to give you your first taste of women's tackle football.*



[www.nomadswolfpack.com](http://www.nomadswolfpack.com)

Twitter: @NomadsWolfPack

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