

**NORTH
WINNIPEG**



NOMADS FC

FOOTBALL CLUB

2016 North Winnipeg Nomads Information Package

Contact: secretary@nomadsfootball.com

Web: www.nomadsfootball.com

Twitter: @nwnomads #gonomads

Facebook: Facebook.com/northwpgnomads



2016 North Winnipeg Nomads Football

Welcome to another year of Nomads Football. We look forward to continuing the tradition that has been passed from generation to generation, from the Hawkeyes to the Nomads as we continue to strive, grow and be a positive part of the fabric of Winnipeg's North End.

This registration and information package is for parents and athletes from the first year Nomad to the veteran. Its sole purpose is to inform and educate you on the policies and procedures and act as a guide during the season.

The Board of the Nomads would like to thank you for support in registering your child to play one of Canada's fastest growing youth sports and welcome to, or back to, your extended family.

The Nomads are on track to become one of western Canada's largest amateur football clubs.

Welcome to Nomads Football 2016, we wish you nothing but the best. Have fun, make some new friends and enjoy what the game of football has to offer.

North Winnipeg Nomads Football Club Programs:

Division	Ages	Born in
MGFA/Girls	9-16 (Jr. & Sr.)	2000-2007
Old Dutch Crunchers	7 & 8	2008-2009
Atom	9 & 10	2006 - 2007
Pee Wee	11 & 12	2004 - 2005
Bantam	13 & 14	2002 – 2003
Midget	15, 16 & 17	1999, 2000 & 2001
Majors	18 - 22	1994, 1995, 1996, 1997, 1998

- Crunchers Football is 6 on 6, smaller field with coaches on the field
- Atom Football is 9 on 9, smaller field with fair play box rule in affect
- Pee Wee & Bantam Football is 12 on 12 with fair play box rule in affect



President's Message:

New Football Season! Exciting Challenges! More Championships!

It is with great honour and pride that I write this message as the 2016 President of the North Winnipeg Nomads!

Wearing the Nomads jersey and being part of this organization reaches far greater than team pride, it is a tribute to the commitment of a community and recognition of the Nomads legacy!

Involved with the Nomads for the past 11 years, I have witnessed the dedication of the players and coaches, the support from the families, and the hard work from all the volunteers and organization members. Together we all contribute to the club's success.

The Nomads are pleased to announce that after taking a year off we will in fact be fielding a Majors team again, I look forward to seeing those stands filled on Friday and Saturday nights!

Thank you for showing what Nomads football means to us, our community and to all who visit our great facility!

I welcome your questions, comments and concerns, please do not hesitate to contact me at president@nomadsfootball.com

Looking forward to another Great Football Season!

With Sincere Regards,

Nathan Yamron

President North Winnipeg Nomads



Nomads Board of Directors 2016

Name	Position	Email
Nathan Yamron	President	president@nomadsfootball.com
Kyle Sampson	Vice President	vice.president@nomadsfootball.com
Noelle Sampson	Secretary/Merchandise Coordinator	secretary@nomadsfootball.com
Dave Ross	Treasurer	dross2@misericordia.mb.ca
Lisa Pirrie	Treasurer	treasurer@nomadsfootball.com
Tamara Pare	Managers/Trainers Coordinator	tlpare@mymts.net
Nicole Balla	Social Media Coordinator	nicoleduykers@gmail.com
Dennis Radlinsky	Coaches Development & Training	zube@mymts.net
Stephen Pearson	Midget/Majors Coordinator	rcventures@mts.net
Peter Houzon	Field & Grounds Coordinator	peterdhouzon@hotmail.com
Samantha Houzon	Head Registrar/Volunteer Coordinator	sammidhouzon@gmail.com
Shannon Smith	Canteen Coordinator	ssmith@vitallife.ca
Jeff Pirrie	MGFA Coordinator	hemlockbuildersltd@gmail.com
Trevor Smith	Equipment Coordinator	coachtrevornomads@yahoo.com
Keith Smith	Building Coordinator	Building.nomads@gmail.com
Jeffrey Bannon	Past President	Jbannon57@gmail.com



Mission Statement

The North Winnipeg Nomads Football Club is committed to providing an athletic program based upon positive interactions and the promotion of sportsmanship as part of a complete and well-rounded football program.

Philosophy

The fundamental goal of the Nomads football program is to provide competitive athletic opportunities for all of our athletes under competent leadership at all levels, from the Board to qualified Coaches and Managers.

Each Nomads Team will strive for a winning tradition through the development of pride, excellence, discipline, work ethic, participation, teamwork and support of our community at large. However at no time will winning be put first before the team, individual players or in the sacrifice of fun. Football at its core roots is a game meant to be played for fun and to build teamwork.

Vision

The Nomads vision is to provide the best possible playing experience for Athletes, Parents and Coaches while providing a safe and fun atmosphere for everyone involved.



Equipment

Football unlike other sports, the athlete's equipment is provided at the cost of the Club. With the mounting cost of equipment rising yearly, we ask that athletes and parents respect the equipment that is **loaned** to them. Unlike other clubs we don't ask for or take an equipment fee or deposit. All we ask is that the equipment is returned after each season. We understand football is a contact sport and equipment will have its fair share of repair and replacements needed. We will never sacrifice an athlete's safety for equipment at any time, and to help us continue this mission statement we need everyone's help in order to keep costs manageable. **It costs upwards of \$500.00 per player to outfit each athlete in equipment.**

We ask that equipment be treated with respect during the year. Air it out between practices and don't keep in a bag, wash jerseys and pants as needed, do not put in the dryer. However, keep items like hip and knee pads out of the washing machine; wash by hand only if needed. Wearing a dirty uniform during a game is unacceptable.

If you notice your players' equipment is in need of repair, contact your Team Manager or Head Coach immediately to have it fixed or replaced.

Helmets are not to be sat on at or cages changed at any time. The cage the helmet came with is the cage it was meant to be with. Visors of clear shade are the only visors allowed under the by-laws from Football Canada.

Mouth guards, if needed to be replaced, are the responsibility of the athlete and can be purchased at the Nomads Store. Mouth guards help prevent concussions and are mandatory for all MMFA players.

Each athlete is responsible for the following (not provided by the Nomads Football Club)

1. Practice Jersey
2. Football Socks (colour as per Coaches direction)
3. Additional Mouth guards
4. Footwear (cleats are recommended)
5. Gloves (not needed but seem to be the industry trend)
6. Girdles (we supply all the padding and belts. Some prefer the girdle as it is an all in one system, and those can be purchased at the Nomads store)



Equipment Fittings

All fittings will be at the Nomads Clubhouse and when your age division is scheduled. We will have two extra/late fittings for those that can't make it due to scheduling conflicts. If you miss both times there will be a \$25.00 non-refundable fitting fee. (Must be paid cash before player gets equipment) It is recommended you come on your assigned date and time only, as you will not be fitted during another team's allotted time.

Your team Manager or Head Coach will be in contact with you to confirm your team's time for fittings. Reminder all parking for fittings will be in the North Centennial parking lot and not in the loop. The Nomads store will be open during all fittings.

You can purchase a one piece girdle for \$30.00 through the store vs. the 7 pad system at fittings as well if you wish.

We recommend you bring a gym bag to bring all your equipment home with you.

All information regarding equipment fitting times will be posted on social media.

There will be a \$50.00 fee due at equipment fitting to pay for your cash calendar. There is only one cash calendar fee per family. You can either choose to sell the cash calendars to recoup your cost or enter your name on all of them.



Some Details...

Contact

North Winnipeg Nomads play home games out of Markus Howell Field at Charlie Krupp Stadium located at 581 McPhillips Street, across from McPhillips Street Station Casino.

North Winnipeg Nomads Football Club

Phone: 204-589-6805 (please note we do not check messages often)

Location: 581 McPhillips Street, Winnipeg, MB

Email: secretary@nomadsfootball.com – preferred choice of communication

Website: www.nomadsfootball.com

Twitter: @NWNOMADS

Facebook: facebook.com/northwpgnomads

Parking

Please note that all players, parents, volunteers and spectators enter through the North Centennial Recreation Centre parking lot (90 Sinclair) via the back entrance of Charlie Krupp Stadium. The loop at the front of the clubhouse is dedicated to handicap parking and specific board positions that require proximity parking and needs to be kept clear in case of emergency. **This loop will not even be considered for dropping off of players.** A gate system may be in place for the season and we expect parents to follow these guidelines during practices. **We will tow without warning and are not responsible for any damage or towing costs associated with the lack of adhering to this club policy.**

Spring Camp

Camp is the official start of the Nomads season with teams coming together for the first time, parents meeting coaches and managers. This is a great time for introductions, one on ones and expectations to be delivered to players and parents. Athletes must bring full equipment, more than enough water and an attitude for learning and wanting to have fun. Camp will be held Tuesday, June 21, Wednesday, June 22, and Thursday, June 23 from 6:30 – 8:30 at the Nomads field.

Registration

Nomads Football Club registration is always the first weekend in May, based upon the MMFA schedule. Any registrations received after this time is subject to a \$40.00 late registration fee.



Merchandise

The Nomads store located inside the common area of the Clubhouse has all your Nomads gear, from T-shirts, hoodies, and hats! We strive to have the best merchandise available for all our players and fans, and this year we are pleased to be in partnership with Keener Jerseys who will be our exclusive online retailer of Nomads Apparel. Look for further information at equipment fittings. We will make every effort to have the store open during all home games!

Canteen

Open during all home games and special events, the Nomads canteen is located at mid-field at Markus Howell Field. Don't forget to try one of our famous Nomads Burger "the F'NB"

AED

An AED is located in the new clubhouse between both sliding doors, in case of emergency call 911 and then deploy the AED and follow instructions.

Security

Charlie Krupp Stadium is patrolled off hours by K9 Security. Any injuries or damages caused due to unlawful trespassing or attempting to harm or damage North Winnipeg Nomads Football Club property or personnel are not the responsibility of the North Winnipeg Nomads Football Club. Both buildings are armed with a security motion system that is monitored 24/7 with off-site recordings.

Playing Schedule

The MMFA (Manitoba Minor Football Association) schedule runs from mid-August to Championship weekend usually the end of October, beginning of November. Teams will play games on either Saturday or Sundays with an average of one weeknight game and one bye week based upon the teams in their age group. Teams start practice at the discretion of the head coach, and the average team practices 2-3 times per week. Please contact your team manager for details on your practice times and location. Athletes are reminded that football is an outdoor sport and never assume that your practice or game is cancelled until you have heard so from your team manager or coach.



Transcona Tournament



New for the 2016 season the annual Transcona Tournament will be a mandatory event for all teams. This is a great opportunity for players to get out those first game jitters in a pre-game setting. The tournament will take place on Saturday July 23 and Sunday July 24, at the Transcona Nationals field at 875 McMeans Ave. E. Your team manager and coach will update you on the game schedule and other details as they become available.



Hydration

It is critical that athletes stay hydrated during all physical activities. The start of football season starts in July and during the Manitoba summers, heat and humidity can reach extreme temperatures. We recommend that your child have more than enough water on hand during all practices and games and to stay away from sugar beverages such as pop, energy drinks, and juice. Water is recommended and eating light and often during days of activity will help your child's energy and performance level. Having a large meal before will only affect their ability and may force your child into uncomfortable situations and even lead to sickness.

Volunteering

The North Winnipeg Nomads Football Club will be collecting a \$50.00 Volunteer Fee that will ensure the level of service and operation of the Football Club is shared as equally as possible among its membership.

Each Family will be required to complete 8 hours of Volunteer Service during the course of the 2016 Nomads football season.

A bond of \$50 will be collected at registration and returned to you, along with your 2016 tax receipt when you return your equipment, only if you have completed your hours and they are signed off via our Volunteer Coordinator.

Failure to complete the 8 hours will result in a forfeit of your \$50. The Nomads would rather have your time than your money, however if you feel due to your schedule you cannot commit these hours (please note it can be any family member or friend – not just yourself) please advise us and we can forfeit your bond immediately and take you off our volunteer list.

Volunteer duties can range from club Bingos, Blue Bomber 50/50, canteen hours, working sticks, and help on clean up days, expertise in your professional life – are you painter, plumber, graphic artist, chef, groundskeeper, drywaller, painter, groundskeeper, a handyman, work in A/V, have worked with a compost, do you have community connections with levels of governments, work for PR Firm, or any other skill that you may have that we would be interested in. We will still need help at all games and the day to day, and week to week in running the club.

Volunteer duties will be assigned by Sam Houzon, Volunteer Coordinator. All sign off and record tracking will be through Sam and no other member of the Nomads Board.

Coaches, Managers, Trainers along with Board Members are exempt from the \$50 fee

Sam Houzon
Volunteer Coordinator
sammidhouzon@gmail.com



Nomads Football Club Code of Behaviours

All Nomads athletes and membership are expected to abide by the core values, set forth by the North Winnipeg Nomads Organization. From Board Members to Cruncher players, all members will be required to sign a code of conduct. This information will be distributed through the manager of the team in the preseason.

Nomad Athlete's Code of Behaviour

1. Play for the fun, enjoyment and best interests of the team.
2. Play by the rules and conduct yourself with honour and dignity.
3. Do not argue with officials decisions. Coaches or captains may ask any necessary questions.
4. Control your temper. Mouting off, profanity, and throwing of equipment have no place in team sports.
5. Play hard and to the limit of one's abilities. True athletes do not give up, quarrel or resort to unfair tactics or violence.
6. Accept both victory and defeat, honourably and respectfully. Do not treat your opponents as you would not want to be treated.
7. There is no place in athletics for the use or abuse of drugs or alcohol, before, during or after a competition.
8. Displays of temper, profanity, verbal abuse or electronic abuse directed at board members, coaching staff, team managers, officials or opponents will be dealt with swiftly and with zero tolerance. This behaviour does not contribute anything desirable to the outcome or intent of the season.
9. Individuals who choose to ignore or disregard these codes and requests may be subject to discretionary or disciplinary action by the Board of Directors of the North Winnipeg Nomads Football Club.



Nomads Code for Parents and Fans

1. Young athletes are involved in team sports for their enjoyment and skill development.
2. Serve as a positive support. Encourage athletes to compete by the written rules of the game and the unwritten rules of good sportsmanship.
3. Cheer. Enjoy the game and performance of all athletes. Remember athletes are working hard and learning. **Mistakes or losses will occur, but criticism and ridicule are destructive rather than constructive or useful.**
4. No alcoholic beverages are allowed at any Nomads sanctioned event or premises, except any celebration or banquet which has been granted a beverage license by the Manitoba Liquor & Lotteries Commission.
5. Displays of temper, profanity, verbal abuse or electronic abuse directed at board members, coaching staff, team managers, officials or opponents will be dealt with swiftly and with zero tolerance. This behaviour does not contribute anything desirable to the outcome or intent of the season.